

*The Heroine's Journey* by Maureen Murdock

**On-Sale Date: August 18, 2020**

Psychology – Jungian | Social Science – Women's  
Studies | Literary Criticism – Feminist

ISBN: 978-1-61180-830-8

Paperback | \$18.95 US / \$24.95 CAN

Trim: 5½ x 8½ | Page Count: 248

Shambhala Publications, Inc. | Shambhala.com

Distributed by Penguin Random House



# The Heroine's Journey

## *Woman's Quest for Wholeness*

### *30th Anniversary Edition*

By Maureen Murdock, PhD



**A modern classic examining woman's search for  
wholeness in a society where she has been defined  
according to masculine values.**



*The Heroine's Journey* explores the rich territory of the feminine psyche and delineates the psycho-spiritual journey for women. Author Maureen Murdock wrote the book in response to Joseph Campbell's *A Hero with a Thousand Faces* when he said to her, "Women don't need to make the journey. In the whole mythological tradition the woman is there."

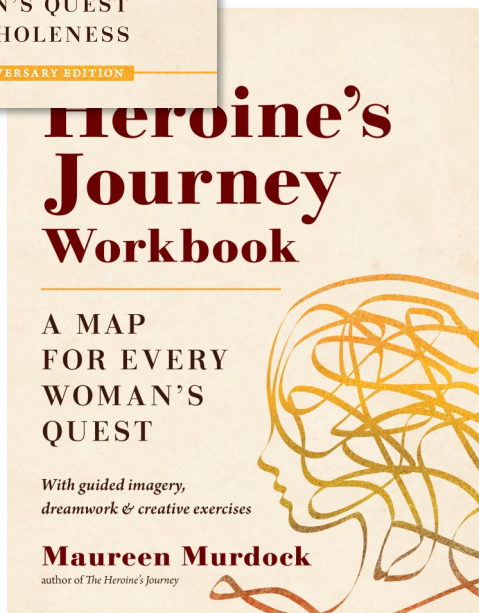
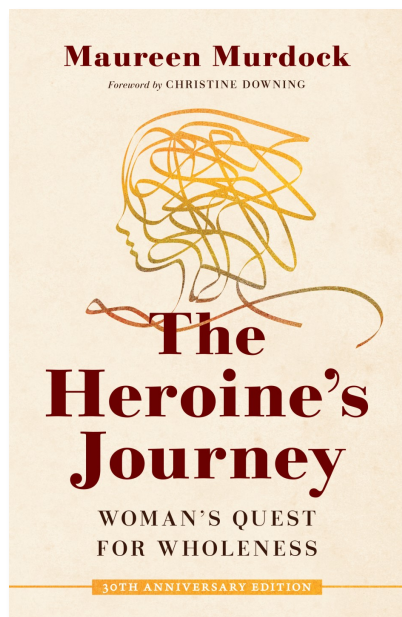
Drawing upon cultural myths and fairy tales, ancient symbols and goddesses, and the dreams of contemporary women, Murdock illustrates the need for—and the reality of—feminine values in Western culture today.

The publication of *The Heroine's Journey* touched a nerve in women's consciousness around the world. It was quickly translated into French, Spanish, German, Dutch, Yugoslavian, Italian and Korean and Farsi. It has been used by screenwriters and novelists alike as a model of the woman's journey.





Maureen is available for follow-up interviews if you'd like to learn more about her work.



# The Heroine's Journey

## About the Author

**Maureen Murdock, PhD**, has always been interested in mythology and memoir, and teaches and writes on both topics. Her book *The Heroine's Journey: Woman's Quest for Wholeness*, which explores the rich territory of the feminine psyche, was translated into a dozen languages, and she has led workshops on the topic for women throughout the United States and Europe. Murdock was Chair and Core Faculty of the MA Counseling Psychology Program at Pacifica Graduate Institute and teaches memoir writing for the International Women's Writing Guild. Her other books include *Fathers' Daughters: Breaking the Ties that Bind*; *Unreliable Truth: On Memoir and Memory*; *Spinning Inward: Using Guided Imagery with Children for Learning, Creativity & Relaxation*; and *The Heroine's Journey Workbook*. Maureen lives in California.

To learn more, visit [www.maureenmurdock.com](http://www.maureenmurdock.com)

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