The Heroine’s Journey
Woman’s Quest for Wholeness
30th Anniversary Edition

By Maureen Murdock, PhD

A modern classic examining woman’s search for wholeness in a society where she has been defined according to masculine values.

The Heroine’s Journey explores the rich territory of the feminine psyche and delineates the psycho-spiritual journey for women. Author Maureen Murdock wrote the book in response to Joseph Campbell’s A Hero with a Thousand Faces when he said to her, “Women don’t need to make the journey. In the whole mythological tradition the woman is there.”

Drawing upon cultural myths and fairy tales, ancient symbols and goddesses, and the dreams of contemporary women, Murdock illustrates the need for—and the reality of—feminine values in Western culture today.

The publication of The Heroine’s Journey touched a nerve in women’s consciousness around the world. It was quickly translated into French, Spanish, German, Dutch, Yugoslavian, Italian and Korean and Farsi. It has been used by screenwriters and novelists alike as a model of the woman’s journey.
Maureen Murdock, PhD, has always been interested in mythology and memoir, and teaches and writes on both topics. Her book The Heroine’s Journey: Woman’s Quest for Wholeness, which explores the rich territory of the feminine psyche, was translated into a dozen languages, and she has led workshops on the topic for women throughout the United States and Europe. Murdock was Chair and Core Faculty of the MA Counseling Psychology Program at Pacifica Graduate Institute and teaches memoir writing for the International Women’s Writing Guild. Her other books include Fathers’ Daughters: Breaking the Ties that Bind; Unreliable Truth: On Memoir and Memory; Spinning Inward: Using Guided Imagery with Children for Learning, Creativity & Relaxation; and The Heroine’s Journey Workbook. Maureen lives in California.

To learn more, visit www.maureenmurdock.com
Facebook: @maureenmurdockauthor
Twitter: @murdockmaureen